

Northern Los Angeles Regional Center, NLACRC
VISIONS, Inc. Training of the Board on May 17, 2014
Burbank, California

Overview of the Day:

- The first half of the training focuses on what is cultural and linguistic competency?
- The second half of the day focuses on how the Board can develop a process to evaluate the center's cultural and linguistic competency to ensure compliance with contemporary best practices.

8:30am – 12 noon

Introductions/agenda/desired outcomes of the day/logistics, etc.

Guidelines – These are tools to support safety for all individuals in the training. We understand that individual participation in the training can be different based on many things including ability and disability. This tool helps to support full participation of all members of the training. Guidelines are presented in the large group with an exercise in small groups of two people and large group discussion.

Cultural Introductions

This is a time for each individual to share how they understand their race, ethnic and cultural backgrounds. How do their backgrounds help them and get in the way of their work as a Board member, and in life, generally? Cultural Introductions will occur in small groups of three or four.

Definitions of Terms

This is a tool that defines words to discuss effective services to people from different backgrounds and who speak different languages. This tool provides a way to understand how each individual's unique life experiences and contributions can be used to make the center stronger overall. It gives us a way to know where the Center is in recognizing, understanding and appreciating all members of the organization. It will also be used to identify the framework that is used to evaluate compliance with cultural and linguistic competency best practices.

Target/Non-Target group membership

This tool helps us understand how each individual share multiple group membership based on our age, ability, race, class, gender and other cultural backgrounds that form the basis of privilege and/or oppression. Becoming aware of the presence of privilege and/or oppression is a major step in enhancing cultural and linguistic competency in the Center.

12:00 to 12:30 Lunch

12:30 – 2:30 – Process to evaluate cultural and linguistic competency

This section will identify the framework needed to evaluate compliance with cultural and linguistic competency best practices in accordance with the following:

- The Center's mission, vision and value statements to provide lifelong partnerships and planning to persons with developmental disabilities by promoting their civil and personal rights, providing comprehensive information, advocating in cooperation with consumers, promoting and providing quality services, and supporting full participation of consumers and families in all aspects of community life.
- The Lanterman Developmental Disabilities Services Act to provide and/or coordinate services and supports for children and their families with developmental disabilities, and
- The Lewin Group's Cultural Competency Profile Domains and Focus Areas.

2:30 – 3:00 PM - Next Steps

- Clarify short and long-term goals
- Identify tasks, time lines and individual responsibilities

3:00 – 3:30 PM - Closure and evaluation of the day