



NORTH LOS ANGELES COUNTY REGIONAL CENTER

15400 Sherman Way, Suite 170, Van Nuys, CA, 91406, (818) 778-1900, www.nlacrc.org

Support Groups

Please note that this list is for information only and NLACRC does not endorse any of the groups or agencies listed below.

SAN FERNANDO VALLEY GROUPS		
Group	Purpose	Contact
Cultivar Y Crecer Parent Support Group	A group of Spanish speaking parents of NLACRC consumers.	Meetings held twice a month at NLACRC, Van Nuys, 1 st floor conference room. For more information call (818) 778-1900.
Filipino Support Group	A group for Filipino family members of NLACRC consumers.	Contact Benjamin Garcia at (818) 756-6371. Meets at NLACRC's Van Nuys office, 1 st floor conference room
Just 4 Us	A social group for adults with developmental disabilities who are parents, their children and interested others.	Contact Kathryn Lincoln at (818) 756-6225.
NLACRC Self-Advocacy Group	A social support group run by and for adults with developmental disabilities.	Contact Kathryn Lincoln at (818) 756-6225. Meets 3 rd Tues. of the month. 10:45 a.m. – 12:15 p.m. Saint Michaels, 16643 Vanowen St., Van Nuys.
Parents of Young Children with Special Needs	Support for parents who are faced with the personal challenges associated with raising young children with special needs.	Call (818) 677-6854 for more information.
Parent Support Group for Families of Children with Autism	This group is facilitated by a parent advocate and a parent attorney who are both parents of children with special needs.	Meetings held the 1 st Thurs., 6:30 – 8:30 p.m. at United Cerebral Palsy, Woodland Hills. For more information call (818) 343-2227 or visit www.kenproject.com .
Parents Supporting Parents	A support group for parents and family members of adult children who have developmental disabilities.	For more information, please call (818) 992-3166 or (818) 905-4501.

San Fernando Valley Down Syndrome Support Group	For parents of children with Down syndrome	Meets the 3 rd Thurs of the month from 7-9 p.m. at St. Stephen's Lutheran Church, Granada Hills. For more information call (818) 242-7871. www.dsala.org
San Fernando Valley Self-Help Group (Epilepsy)	Info & referral, self-help groups, educational outreach, parent phone number network, conferences, seizure first aid training.	For more information call (800) 564-0445 LA Valley College - Cafeteria Conf. 5800 Fulton Ave., Van Nuys 7:00 to 8:30 pm - 1 st Thursday www.epilepsy-socalif.org
Stand Together Support Group CHADD	For adults with AD/HD & parents of kids with AD/HD.	For more information call (818) 773-4068 Meets the 1 st Thursday of the month at Temple Judea, 5439 Lindley Ave., Tarzana.

ANTELOPE VALLEY GROUPS

Group	Purpose	Contact
Familias Unidas	For Spanish speaking families in the Antelope Valley of children with special needs	For more information call (661) 225-9598 Meets 1 st Thurs. of each month, 6 – 8 p.m. and 3 rd Thurs., 10 a.m. – 12 noon, at AV Family Focus, 38733 9 th St. E., Suite T, Palmdale
Friends of Autism Support Group	For families, relatives, caregivers & professionals involved with children with Autism Spectrum Disorder. Sorry, no child care available.	For more information call (661) 225-9598 Meets the 4 th Thursday of each month, 10 – 11 a.m. AV Family Focus, 38733 9 th St. E., Suite T, Palmdale
Special Families	For families in the Antelope Valley of children with special needs	For more information call (661) 225-9598 2009 meeting dates: 3/12, 4/9, 5/14, 6/11 AV Family Focus, 38733 9 th St. E., Suite T, Palmdale

SANTA CLARITA VALLEY GROUPS

Group	Purpose	Contact
Santa Clarita Valley Support Group (Autism)	Autism Support group for parents	For more information call (661) 297-4033. Meets at 9 a.m. on the 3 rd Wednesday of each month at NLACRC 28470 W. Avenue Stanford, Suite 100, Santa Clarita www.scaan.org

OTHER GROUPS & RESOURCES

Group	Purpose	Contact
Center for Grief & Loss For Children	Support group provided for children and their families to help with the healing from death of loved one.	For more information call (818) 744-7433 1010 N. Central, Glendale http://griefcenterforchildren.org/
"Everyone is Different" support group	A support group for families of children with special needs.	Meets the last Thurs. of every month from 4:30 – 6:30 p.m. at Eagle Rock High School Library, 1750 Yosemite Dr., Los Angeles. For more information, call (213) 383-1300, x. 4990 or (213) 383-1300, x. 6038.
Fragile X Association of So Calif.	Parent groups offering info & referral, peer support groups.	For more information call (818) 754-4227 http://fraxsocal.org/
H.E.L.P Group	Provides counseling to children 2-21 years with Medi-cal or Healthy Family Insurance.	For more information call (818) 781-0360
Los Angeles Asperger's Syndrome Parent Group	For parents of children with Asperger's Syndrome.	For more information call Fran Goldfarb or Jim Devine at (310) 543-5064 Meets the 2 nd Wednesday of every month, 7 p.m. to 9 p.m. Julia Ann Singer Center At Vista Del Mar, 3200 Motor Ave. West Los Angeles
Team of Advocates for Special Kids (T.A.S.K.)	Assistance and support for parents seeking educational, medical or therapeutic support services for their children up to age 22.	For more information call (714) 533-TASK (8275). www.task.org

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Web site - www.nlacrc.org

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