

# BOARD LEADERSHIP TRAINING



For adults with intellectual/developmental disabilities, family members and community members at no cost.

Sponsored by: North Los Angeles County Regional Center

This 4-session training presented by Kathryn Lincoln and Jose Rodriguez will prepare you to be a leader in your community!

**Where:** North Los Angeles County Regional Center--15400 Sherman Way, Van Nuys, CA 91406- black glass building on Sherman Way, west of Sepulveda Blvd. Room 210 on the 2<sup>nd</sup> floor.

**Date:** 4 Tuesdays evenings- 8/3, 8/10, 8/17, and 8/24/10  
5:30 - 7:30 PM- only 1 absence is allowed.



**We'll learn about:**

- How North Los Angeles County Regional Center provides services
- The Lanterman Act
- Department of Developmental Services- DDS
- The skills and qualities of a good Board or Committee member
- What it takes to be an effective Board and Committee member

**We'll have group activities and videos.**

You'll receive a Training Folder with resources and info.



Lemonade and a snack will be served during the break. Feel free to bring your dinner.



To register, please contact Kathryn Lincoln by 7/30/10-  
PH- 818-756-6225, email- [kathrynl@nlacrc.org](mailto:kathrynl@nlacrc.org)  
Kathryn will call you to confirm your registration.